

WHISPERS OF HOPE HORSE FARM CHALLENGED RIDER SUMMER DAY CAMP

TUESDAY, WEDNESDAY, THURSDAY

9:30 AM - 11:30 AM

1. JUNE 15, 16, 17

2. JUNE 29, 30, JULY 1

3. JULY 13, 14, 15

OUR MISSION

Our mission at Whispers of Hope Horse Farm is to provide a safe, therapeutic riding facility that is dedicated to enabling the Wichita Falls district's mentally and physically challenged community by enhancing their physical, social, educational, and emotional abilities. We cannot achieve this mission without your generosity.

Whispers of Hope Horse Farm is a nonprofit 501 ©(3) organization. It is a facility designed to assist physically and mentally challenged youth, ages 2-19, with therapeutic riding. Riders are encouraged to expand the limits of their abilities in environments that promote success. ALL youth who reside within the six counties of Archer, Clay, Jack, Montague, Wichita and Wise are eligible to participate in the program.

THERAPEUTIC RIDING

Research has proven that students who participate in therapeutic riding can experience physical, emotional, and mental rewards. Individuals with impaired mobility can benefit from the gentle and rhythmic movements of their bodies with the horse, similar to a human walking gait. These riders can experience increased balance, muscle control and strength. Other skills that they can learn include self-confidence, visual focus, development of body coordination and eye-to-hand coordination, empathy, teamwork, relationship skills and anxiety reduction, leisure skills, strengthening of muscles, and much more. Individuals with learning or mental disabilities are motivated by riding to increase their concentration, patience and discipline. Unique relationships formed with a horse can help improve interpersonal relationships when psychological and emotional disabilities are present.

THERAPY SESSIONS

This time will be very beneficial in building motor and communication skills, and will help the students in developing independence. As your child progresses, time is allotted in the barn for learning to feed, water, clean, and ride his/her horse.

WHO BENEFITS?

Students who have mental or physical disabilities resulting from birth defects, injuries and accidents. Students with Spina Bifida, Multiple Sclerosis, Paraplegia, Cerebral Palsy, Down's Syndrome, Autism, CVA, ADHD, brain injury, mental retardation, visual impairment, hearing impairment, At-Risk Youth, and others.

DETACH AND SEND IN YOUR PRE-APPLICATION BELOW TO RESERVE YOUR SPOT!

Name: _____ Age _____ Parent's/Guardian's Name _____
Street Address _____ City _____ State _____ Zip _____
Day Phone _____ Alt. Phone _____ E-mail _____

PLEASE CIRCLE THE DATE(S) OF THE CAMP(S) YOU WISH TO ATTEND : 1 2 3

PLEASE CIRCLE T-SHIRT SIZE: YOUTH 6/8 10/12 14/16 ADULT S M L XL

PLEASE INITIAL: I WILL BE PARTICIPATING AS A CHALLENGED RIDER _____

DAY CAMP @ \$10.00 per week X _____ weeks = \$ _____

CAMP T-SHIRTS @ \$10.00 per shirt X _____ shirts = \$ _____

TOTAL ENCLOSED \$ _____ CHECK # _____

Checks payable to Whispers of Hope Horse Farm - 3545 Parkhills Rd. - Wichita Falls, TX 76710

